

Date	Sport	Time	Event	Athlete/s	Result	Remarks
2-Oct	Bowling	8:00	Women's Masters - 2nd Block	CHAN Shuk Han	5th/16 (3317)	
2-Oct	Athletics	9:00	Women's Marathon - Final	CHOW Chi Ngan	15th/16 (2:58:34)	
2-Oct	Cricket	09:30	Men's Cricket - Semi-finals HKG vs AFG	Hong Kong Cricket Team	Loss (88:73)	
2-Oct	Karate	09:30	Men's Kata - 1/8 Final HKG vs PHI	CHENG Tsz Man Chris	Win (4:1)	Qualified to Quarterfinals
2-Oct	Karate	09:30	Men's Kata - Quarterfinals HKG vs LAO	CHENG Tsz Man Chris	Win (3:2)	Qualified to Semi-finals
2-Oct	Karate	09:30	Men's Kata - Semi-final Contest HKG vs INA	CHENG Tsz Man Chris	Loss (0:5)	
2-Oct	Karate	09:30	Women's Kata - Quarterfinals HKG vs MAC	LI Pui Ki	Loss (0:5)	
2-Oct	Karate	09:30	Men's Kata - Bronze Medal Contest HKG vs UAE	CHENG Tsz Man Chris	Loss (2:3)	
2-Oct	Taekwondo	09:30	Men's - 63kg - Round of 16 HKG vs TJK	POON Chun Ho	Win (2:1)	Qualified to Quarterfinals
2-Oct	Taekwondo	09:30	Men's - 63kg - Quarterfinal HKG vs TPE	POON Chun Ho	Loss (10:12)	
2-Oct	Table Tennis	10:00	Women's Singles - 1/32 Elimination HKG vs IRI	LEE Ho Ching	Win (4:0)	Qualified to 1/16 Elimination
2-Oct	Volleyball	10:30	Women's Volleyball - Classification 7th-8th Place HKG vs IND	Hong Kong Volleyball Team	Win (3:0)	
2-Oct	Table Tennis	11:00	Women's Singles - 1/32 Elimination HKG vs IND	NG Wing Nam	Win (4:2)	Qualified to 1/16 Elimination
2-Oct	Bowling	12:00	Men's Masters - 2nd Block	WU Siu Hong	2nd/16 (3465)	Qualified to Masters Stepladder Final
2-Oct	Bowling	12:00	Men's Masters - 2nd Block	MAK Cheuk Yin	5th/16 (3380)	
2-Oct	Table Tennis	12:00	Women's Singles - 1/16 Elimination HKG vs SIN	LEE Ho Ching	Win (4:2)	Qualified to Quarterfinals
2-Oct	Table Tennis	12:00	Women's Singles - 1/16 Elimination HKG vs CHN	NG Wing Nam	Loss (0:4)	
2-Oct	Table Tennis	13:00	Men's Singles - 1/16 Elimination HKG vs KOR	JIANG Tianyi	Loss (0:4)	
2-Oct	Karate	13:30	Men's - 75kg - 1/8 Final HKG vs TPE	LEE Ka Wai	Win (1:1)	Qualified to Quarterfinals
2-Oct	Karate	13:30	Men's - 75kg - Quarterfinals HKG vs THA	LEE Ka Wai	Win (7:2)	Qualified to Semi-finals
2-Oct	Karate	13:30	Men's - 75kg - Semi-final Contest HKG vs JOR	LEE Ka Wai	Win (10:3)	Qualified to Final

2-Oct	Karate	13:30	Men's - 75kg - Final Contest HKG vs IRI	LEE Ka Wai	Loss (0:2)	Silver Medal
2-Oct	Table Tennis	14:00	Men's Doubles - Quarterfinal HKG vs CHN	TANG Peng, WONG Chun Ting	Loss (0:3)	
2-Oct	Table Tennis	14:00	Women's Doubles - Quarterfinal HKG vs KOR	LEE Ho Ching, NG Wing Nam	Win (3:1)	Qualified to Semi-finals
2-Oct	Rugby	15:34	Women's Rugby - Semi-final Round for 1st-4th Place Match 2 HKG vs JPN	Hong Kong Rugby Team	Loss (10:17)	Qualified to Bronze Medal Match
2-Oct	Rugby	16:18	Men's Rugby - Semi-final Round for 1st-4th Place Match 1 HKG vs KOR	Hong Kong Rugby Team	Win (15:7)	Qualified to Gold Medal Match
2-Oct	Bowling	17:30	Men's Masters - Stepladder Final Round 1 HKG vs UAE	WU Siu Hong	Win (183:183)	Qualified to Round 2
2-Oct	Bowling	17:30	Men's Masters - Stepladder Final Round 2 HKG vs KOR	WU Siu Hong	Loss (401:407)	Silver Medal
2-Oct	Table Tennis	18:00	Mixed Doubles - Semi-finals HKG vs KOR	JIANG Tianyi, LEE Ho Ching	Win (4:3)	Qualified to Gold Medal Match
2-Oct	Rugby	18:30	Women's Rugby - Bronze Medal Match HKG vs KAZ	Hong Kong Rugby Team	Loss (0:12)	
2-Oct	Athletics	18:45	Men's Triple Jump - Final	NG Ka Wai	No Mark	
2-Oct	Athletics	19:25	Women's 4x100m Relay - Final	FONG Yee Pui, HUI Man Ling, LAM On Ki, LEUNG Hau Sze, LUI Lai Yiu	8th/8 (46.14)	Seasonal Best
2-Oct	Rugby	19:44	Men's Rugby - Gold Medal Match HKG vs JPN	Hong Kong Rugby Team	Loss (12:24)	Silver Medal
2-Oct	Athletics	19:45	Men's 4x100m Relay - Final	NG Ka Fung, LAI Chun Ho, TSUI Chi Ho, TANG Yik Chun, SO Chun Hong	3rd/8 (38.98)	Bronze Medal Seasonal Best
2-Oct	Table Tennis	20:00	Women's Singles - Quarterfinals HKG vs CHN	LEE Ho Ching	Loss (0:4)	